



You're In My Boat

Description

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Students have fun sharing about themselves and getting to know more about other students in the group.

Supplies

- None

How to Play

1. Have students stand or sit in a large circle.
2. The leader starts in the middle by saying "You're in my boat if..." and fills it in with something that applies to them and others in the group.
3. For example: "You're in my boat if you love to listen to music"
4. Anyone who that statement applies to stands up and goes to a different location in the circle of someone else who has stood up.
5. Each round, the last student to find a place in the circle is now the caller.
6. The leader helps determine who the caller is for each round and can help to ensure that students are listening to the caller.

Activity Prompts for Reflection

- What is something new you learned about someone else in the group today?
- How did it feel to share something about yourself to the group today?
- Did anyone have anything they wanted to share about themselves that they didn't have time to share?

- What are some things we found out that most of us have in common?

Other Ways to Play

- To make this easier, be the caller for the first few rounds so that students have more time to understand the concept.
- Announce different themes for students to pick questions from, for example: stuff related to school, emotion you felt today, personal characteristics, your favorites, etc.
- To make this easier, have students sit in chairs so it is clear to see where spots in the circle are.
- To make this more challenging, change the way they have to move around the boat each round. For example: hop on one leg, skip, crab walk, bear crawl, bunny hop, etc.

Additional Notes

- Use the [SEL Activity Prompts](#) to tie other SEL competencies to this activity.

Category

1. Activities

Sel-competency

1. Social Awareness

Allotted-time

1. 30 minutes

Themes

1. Get to Know You
2. No Supplies Needed